

U10 (2014) BOYS & GIRLS

Spring Block

- Apr 15 - Jul 28
- 15 week program
- 30 Training sessions with ASA/CSA Certified New Frontier Coaches
- U10 teams will be placed in the Calgary Minor Soccer League (CMSA)
- 14 CMSA Games (7v7 format, 50 min games vs local opposition)
- First Games will commence Apr 27. Last games will be played Jul 28
- End of Season wrap up event July 27 or 28. Players will receive participation medals and have access to fun inflatable games
- Find out more about the CMSA League [here](#)
- **Practice Schedules will be released Mar 29**
- **CMSA Match schedules will be released Apr 21**

Off for Summer Break Jul 29 - Aug 25

Fall Block:

- Aug 26 - Sep 22
- 4 week program
- 8 Training sessions with ASA/CSA Certified New Frontier Coaches
- 4 intraclub games or friendlies vs local opposition (7v7, 50 min game)

Uniform

- All players will receive a training and match day uniform

Cost

\$750

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Looking for More? Check out our optional programs below:

Peak Performance: Motivated players have the option to join our Peak Performance Technical Development Program. Learn more [here](#).

Goalkeeper Program: Learn more [here](#).

U11 (2013) BOYS & GIRLS

Spring Block

- Apr 15 - Jul 28
- 15 week program
- 30 Training sessions with ASA/CSA Certified New Frontier Coaches
- U11 teams will be placed in the Calgary Minor Soccer League (CMSA)
- 14 CMSA Games (7v7 format, 50 min games vs local opposition)
- First Games will commence Apr 27. Last games will be played Jul 28
- End of Season wrap up event July 27 or 28. Players will receive participation medals and have access to fun inflatable games
- Find out more about the CMSA League [here](#)
- **Practice Schedules will be released Mar 29**
- **CMSA Match schedules will be released Apr 21**

Off for Summer Break Jul 29 - Aug 25

Fall Block:

- Aug 26 - Sep 22
- 4 week program
- 8 Training sessions with ASA/CSA Certified New Frontier Coaches
- 4 intraclub games or friendlies vs local opposition (7v7, 50 min game)

Uniform

- All players will receive a training and match day uniform

Cost

\$950

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Goalkeeper Program: Learn more [here](#).